

## Mass Intentions from May 29 - June 4, 2021

Sat. May 29/4:30 p.m.	Nick Baird	- Teresa Baird
Sun May 30/10:30 a.m.	Nick Baird	- Teresa Baird
	Alison Shanahan	- Teresa Baird
	Bob Lanno	- Annette Broccolini
	Eileen Shanahan	- Shanahan & Scott family
	Benigno Velesantos	- Laura Ventura
	Debroah Vegh	- Teresa Baird, Patrick Shanahan & family, Kevin & Carole Shanahan & family
Wed. June 2/10:00 a.m.	Francesco & Angel Antonia Palucci	- Elisabetta Palucci
Thur. June 3/10:00 a.m.	Rosa & Giuseppe Pavoni	- Rosa Danesi
Fri. June 4/10:00 a.m.	Living & Deceased Members of the Baird, Shanahan, Scott, Ryan, Malone, Faherty, McGarry & Kostner family - Teresa Baird	

### THE SOLEMNITY OF THE MOST HOLY TRINITY - (Year B)

***“And know that I am with you always; yes, to the end of time.”***

#### **First Reading** (Duet: 4:32-34. 39-40)

Moses reminds his people of the wonderful things God has done for them and for their descendants. He calls on them not to forget the Lord.

#### **Second Reading** (Romans 8:14-17)

Through uniting with the Spirit we become one with the family of God.

#### **Gospel** (Matthew 28:16-20)

The disciples had spent three safe, secure years with Jesus where they were his followers. Now the time has come when they are to be leaders bringing others the message of eternal life.

#### **Reflection:**

Our readings present to us a view of the Most Holy Trinity, whose solemnity we celebrate today. The First Reading enables us to see the actions which could be attributed to God the **Abba**-Father. The Second Reading focuses on the power of the Holy Spirit. In the Gospel, Jesus commissions His disciples to carry on His work.

Yet in all the readings there is evidence of the Triune God in action.

The mystery of the Trinity is both simple and complex. Simply stated it is that there is only one God, yet that one God is three persons: **Abba**-Father, Son, and Holy Spirit. The complexity comes from the struggle our mere human minds have when trying to adequately understand Who God is.

Yet Trinitarian Life is not meant to be a problem to be solved or an understanding to be figured out. The Trinity and the adoption into the family of the Triune God is a mystery to be lived. We are invited to participate in the very being or essence of God and have our lives enriched and lifted up to the divine level. God's relationship is first and foremost a relationship within the divinity itself. The **Abba** relates to the Son and the Spirit, just as the Son relates to His **Abba** and the Holy Spirit, in turn the Spirit is the relationship between the **Abba** and the Son. Yet the divine loving relationship is so powerful that God has chosen to let that loving relationship spill out into all creation, especially humanity which has been made in the image and likeness of God.

## MESSAGE OF HIS HOLINESS POPE FRANCIS FOR THE 2021 WORLD COMMUNICATIONS DAY

“Come and See” (Jn 1:46). Communicating by Encountering People Where and as They Are

**Dear Brothers and Sisters,**

### Opportunities and hidden dangers on the web

The internet, with its countless social media expressions, can increase the capacity for reporting and sharing, with many more eyes on the world and a constant flood of images and testimonies. Digital technology gives us the possibility of timely first-hand information that is often quite useful. We can think of certain emergency situations where the internet was the first to report the news and communicate official notices. It is a powerful tool, which demands that all of us be responsible as users and consumers. Potentially we can all become witnesses to events that otherwise would be overlooked by the traditional media, offer a contribution to society and highlight more stories, including positive ones. Thanks to the internet we have the opportunity to report what we see, what is taking place before our eyes, and to share it with others.

At the same time, the risk of misinformation being spread on social media has become evident to everyone. We have known for some time that news and even images can be easily manipulated, for any number of reasons, at times simply for sheer narcissism. Being critical in this regard is not about demonizing the internet, but is rather an incentive to greater discernment and responsibility for contents both sent and received. All of us are responsible for the communications we make, for the information we share, for the control that we can exert over fake news by exposing it. All of us are to be witnesses of the truth: to go, to see and to share.

*To be continued...*



**Exposition of the Blessed Sacrament**  
**Starting June 4<sup>th</sup>, every Friday Evening from 5 to 6 p.m.**



**The Sanctuary Lamp will burn this week**  
**For Special Intentions and**  
**giving thanks to The Lord.**

# Be Wise Immunize

Given the high vaccination rate and the declining number of Covid 19 cases, there certainly is a glimmer of hope in the horizon.

Though parishioners have regularly tuned into St. Richard's virtual masses, most have greatly missed being present at the parish to receive the Holy Eucharist. We have all missed, and continue to miss visiting our friends and families and being able to hug those we love.

As we all look forward to a more relaxed summer and returning to normal in the near future, Quebec has announced a gradual reopening plan starting on May 28<sup>th</sup>. You can find more information about the plan at: <https://www.quebec.ca/en/health/health-issues/a-z/2019-coronavirus/reopening-plan>

We, at St. Richard's are also looking forward to scheduling our pre-pandemic activities in a safe environment. In order for all of us to be safe from this virus which, in a short span of time has claimed many lives around the world, we can only encourage and hope that all eligible citizens will be open to immunization.

Appointments for vaccination can be made at  
[www.quebec.ca/covidvaccine](http://www.quebec.ca/covidvaccine) or at 514-644-4545.

### SPIRITUAL QUOTE

*If your INTENTION is powerful,  
your action will be powerful.  
If your action is powerful,  
your results will be powerful.*

*Volunteers ....*



*They don't necessarily have the time;  
they just have the heart.  
Thank You!*