

Mass Intentions from February 26 to March 4, 2022

Sat. Feb 26/4:30 p.m. Nick Baird - Teresa Baird

Sun. Feb 27/11:00 a.m. Nick Baird - Teresa Baird
Neville Gouveia - Yvonne Gouveia
Gaetano Parissi - Velia
Eileen Shanahan - Shanahan & Scott families
Madeleine, Paul & Mary Chung Pin Yong - Chung Pin Yong family

Special Intentions for Hasna Senevirantne - Kahawita family

Ash Wednesday March 2

Mass and Blessing with Ashes

10:00 am at the Parish

4:00 pm at St. Patrick's Square

7:30 to 8:00 pm Blessing with Ashes at the Parish

Meditations on the Stations of the Cross
Every Friday after the 10:00 am mass.

Exposition and Holy Hour
9:00 to 10:00 am Every Friday

Thu Mar 3/10:00 a.m. Francesco Nardi & Francesco Andreacchi - Elisabetta Nardi

Fri. Mar 4/10:00 a.m. Living & Deceased Members of the Baird, Shanahan, Scott, Ryan, Malone, Faherty, McGarry & Kostner families - Teresa Baird

8th SUNDAY IN ORDINARY TIME (Year C)

"For what is in the heart, the mouth speaks."

First Reading (Sirach 27.4-7)

Do not praise a man before hearing his message.

Second Reading (1 Corinthians 15:54-58)

God has given us victory through Jesus Christ.

Gospel (Luke 6:39-45)

Jesus advises his followers to be more aware of the darkness in their own lives before they criticize others. We are called to do the same.

Reflection:

We must be aware of how God has blessed us.

Faith in action takes a consciousness on our part.

Every day we can change just a little – striving gradually to put our own house in order. If we truly want to change our lives and the lives of those around us then it's best to be positive rather than critical and negative.

Challenge unkindness with kindness and love. If we honestly live the Gospel we will inspire others so that they, too, will want to have their lives shaped and molded by the goodness of that message.

May you continue to reflect on your motives for words and deeds, and may that lead you to say and do what God intends for you.

TAX RECEIPTS FOR 2021 are available for pick up at the back of the church arranged alphabetically.

Those who have not picked up their Sunday envelope box are requested to do so. Thank you!



The Sanctuary Lamp will burn this week for Special Intentions and successful exam for Carolyn.

Altar Servers Ministry

Training session for new altar servers will start in the week of March 13, 2022.

In this ministry, the children will have a formation Programme, installation ceremony, planned advancement to higher levels of learning and responsibility in serving and leadership, socials, outings and games.

There will be four classes of training for the First Level followed by an installation ceremony. They will serve a minimum of once a month during the Sunday Masses.

The registration form is on our web site and copies are available at the entrance to the church.

Please encourage your children to join this important ministry.

To attend services the following COVID-19 Guidelines are mandatory

- Vaccination passport
- Wearing of face mask
- Disinfecting the hands
- Keeping one meter distance.

MASS TIMINGS

Saturday Mass: 4:30 p.m. (St. Patrick's Sq)

Sunday Mass: 11:00 a.m. (St. Richard's Parish)

**Sacrament of Reconciliation can be heard every Sunday
15 minutes before and after mass.**

Wednesday, Thursday & Friday

Rosary begins at 9:30 a.m. followed by mass at 10:00 a.m.

**DEVOTION TO OUR MOTHER OF PERPETUAL HELP
Every Wednesday after the 10:00 a.m. mass.**

Sunday Offerings or Donations can be made through our website or through e-transfer. For E-transfer follow the steps below:

Name : St Richards Parish

Email to : stnichard@videotron.ca (No security question is required)

In the message box write your envelope box number (if you have one)

YOU'RE DONE! We are set up for Automatic E-Transfer.

Thank you for supporting your parish!



What Lent means to me

Lent is a time for penance and repentance, for almsgiving and prayer, for working to change attitudes that are not pleasing to God.

Lent is an important season in the Church's year. Every year Christians use Lent to prepare themselves for the death and resurrection of Jesus Christ, On Easter Sunday.

Lent is the forty days before Easter. Christians do not include Sundays in the forty days because they celebrate Jesus' resurrection every Sunday.

Lent begins on Ash Wednesday and ends on Holy Saturday.

This year Ash Wednesday falls on March 2nd

Lent begins on Ash Wednesday, but we want to be ready to really take off on that day. Before we get to Ash Wednesday, we should start asking ourselves some questions and we should start with some preparations.

"What does God want to give me this year?"

This question may require that I slow down a bit and *listen* to my inner spirit. "What am I going to be doing on Ash Wednesday?" Too often, Ash Wednesday is like every other day, except that I manage to get to church and get ashes on my forehead. Is there anything else I can do on Ash Wednesday? How will fasting and abstaining happen for me, for my family on that special day?

The anticipation and the preparation are transformed with the companionship of family and close friends. We shouldn't be deterred by the fear that our spouse or children or friends "won't be into it." Jesus said, "Fear is useless; what's needed is trust." Imagine what we could all receive from God in these days.

Ash Wednesday is a great place to start with our planning. "What are we going to eat?" We can plan to *intentionally* have only one full meal on Ash Wednesday. We can make that meal very meaningful and it doesn't take a lot of time to prepare for the beginning of Lent. It just takes desire and focus. God can do so much with that. We could wake up each morning, and for half a minute to a minute, stand by the edge of our beds, and just ask the Lord for the grace to let this day be one in which I long for the beginning of Lent. Whatever we try to say, our Lord can understand the Spirit trying to speak through our simple words. Each night, in the days ahead, we can practice giving thanks to God before we go to bed. This simple pattern, in the morning and evening can stir our spirits to look forward to and prepare for Lent, as a season of grace.

May our Lord bless us all on our journey ahead.