

Mass Intentions from March 5 - 11, 2022

Sat. Mar 5/4:30 p.m.	Nick Baird	- Teresa Baird
Sun. Mar 6/11:00 a.m.	Nick Baird Jose Taccad Eileen Shanahan	-Teresa Baird - Maria & Kirlyn - Shanahan & Scott families
For World Peace & good health for all - Mr. & Mrs. Jimmy Luong Special Intentions for Hasna Senevirantne - Kahawita family		
Wed. Mar 9/10:00 a.m.	Rosy Clump	- Edward family
Thu Mar 10/10:00 a.m.	Antonio Muzzo	- Anna Muzzo
Fri. Mar 11/10:00 a.m.	Living & Deceased Members of the Baird, Shanahan, Scott, Ryan, Malone, Faherty, McGarry & Kostner families - Teresa Baird	

1st SUNDAY IN LENT (Year C)

“You must worship the Lord your God, and serve him alone.”

First Reading (Deuteronomy 26:4-10)

Moses encourages the Israelites to recognize the favours the Lord has bestowed on them by offering the first fruits of their land.

Second Reading (Romans 10:8-13)

If a person wishes to be saved, it does not matter whether they are Jew or Greek. If they proclaim Jesus as Lord, and believe, they will be saved.

Gospel (Luke 4:1-13)

Through the devil's temptation of Jesus we are reminded of our obligation to worship the Lord and serve him alone.

Reflection

Lent is a time of spiritual re-birth.

We are given the opportunity to focus on what is essential in our relationship with our God. That which is dead and non-productive must be removed and buried so that new life which comes from the death and resurrection of Jesus can have an effect in our lives. If we make Good use of these 40 days, we will be able to celebrate the paschal mystery of our salvation during the Triduum of Holy Thursday, Good Friday, and the Easter Vigil.

As we celebrate the First Sunday in Lent, we are reminded that we need to remember and be attentive to God's presence.

The Gospel overturns the world's ideas about power. Jesus always used his power in the service of others. He didn't abuse his power to demonstrate his authority or to prove a point in his confrontation with the devil.

Like Jesus we are encourage to turn from the use of power to satisfy our own needs and desires. As we continue our Lenten journey, may we be strengthened to follow in the footsteps of the One who unflinchingly stood up to evil and ultimately triumphed over it.

May the Lord bless you, especially this Lenten season as you are renewed in your relationship with God.



The Sanctuary Lamp will burn this week for
The people and peace in Ukraine.

Altar Servers Ministry

Training session for new altar servers will start in the week of
March 13, 2022.

In this ministry, the children will have a formation Programme, installation ceremony, planned advancement to higher levels of learning and responsibility in serving and leadership, socials, outings and games.

There will be four classes of training for the First Level followed by an installation ceremony. They will serve a minimum of once a month during the Sunday Masses.

The registration form is on our web site and copies are available at the entrance to the church.

Please encourage your children to join this important ministry.

To attend services the following COVID-19 Guidelines are mandatory

- **Vaccination passport**
- **Wearing of face mask**
- **Disinfecting the hands**
- **Keeping one meter distance.**

MASS TIMINGS

Saturday Mass: 4:30 p.m. (St. Patrick's Sq)

Sunday Mass: 11:00 a.m. (St. Richard's Parish)

**Sacrament of Reconciliation can be heard every Sunday
15 minutes before and after mass.**

Wednesday, Thursday & Friday

Rosary begins at 9:30 a.m. followed by mass at 10:00 a.m.

**DEVOTION TO OUR MOTHER OF PERPETUAL HELP
Every Wednesday after the 10:00 a.m. mass.**

EXPOSITION & HOLY HOUR: Every Friday 9:00 to 10:00 am

Meditations on the Stations of the Cross

Every Friday after the 10 00 am mass at the Parish

Every Friday at 3:00 pm at the St. Patrick's square.

**Sunday Offerings or Donations can be made through our
website or through e-transfer. For E-transfer follow the steps below:**

Name : St Richards Parish

Email to : strichard@videotron.ca (No security question is required)

In the message box write your envelope box number (if you have one)

YOU'RE DONE! We are set up for Automatic E-Transfer.

Thank you for supporting your parish!

MESSAGE OF HIS HOLINESS POPE FRANCIS FOR LENT 2022

“Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all” (Gal 6:9-10)

Dear Brothers and Sisters,

Lent is a favourable time for personal and community renewal, as it leads us to the paschal mystery of the death and resurrection of Jesus Christ. For our Lenten journey in 2022, we will do well to reflect on Saint Paul's exhortation to the Galatians: “Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity (kairós), let us do good to all” (Gal 6:9-10).

1. Sowing and reaping

In these words, the Apostle evokes the image of sowing and reaping, so dear to Jesus (cf. Mt 13). Saint Paul speaks to us of a kairós: an opportune time for sowing goodness in view of a future harvest. What is this “opportune time” for us? Lent is certainly such an opportune time, but so is our entire existence, of which Lent is in some way an image. ^[1] All too often in our lives, greed, pride and the desire to possess, accumulate and consume have the upper hand, as we see from the story of the foolish man in the Gospel parable, who thought his life was safe and secure because of the abundant grain and goods he had stored in his barns (cf. Lk 12:16-21). Lent invites us to conversion, to a change in mindset, so that life's truth and beauty may be found not so much in possessing as in giving, not so much in accumulating as in sowing and sharing goodness.

The first to sow is God himself, who with great generosity “continues to sow abundant seeds of goodness in our human family” ([Fratelli Tutti](#), 54). During Lent we are called to respond to God's gift by accepting his word, which is “living and active” (Heb 4:12). Regular listening to the word of God makes us open and docile to his working (cf. Jas 1:21) and bears fruit in our lives. This brings us great joy, yet even more, it summons us to become God's co-workers (cf. 1 Cor 3:9). By making good use of the present time (cf. Eph 5:16), we too can sow seeds of goodness. This call to sow goodness should not be seen as a burden but a grace, whereby the Creator wishes us to be actively united with his own bountiful goodness.

What about the harvest? Do we not sow seeds in order to reap a harvest? Of course! Saint Paul points to the close relationship between sowing and reaping when he says: “Anyone who sows sparsely will reap sparsely as well, and anyone who sows generously will reap generously as well” (2 Cor 9:6). But what kind of harvest are we talking about? A first fruit of the goodness we sow appears in ourselves and our daily lives, even in our little acts of kindness. In God, no act of love, no matter how small, and no “generous effort” will ever be lost (cf. [Evangelii Gaudium](#), 279). Just as we recognize a tree by its fruits (cf. Mt 7:16, 20), so a life full of good deeds radiates light (cf. Mt 5:14-16) and carries the fragrance of Christ to the world (cf. 2 Cor 2:15). Serving God in freedom from sin brings forth fruits of sanctification for the salvation of all (cf. Rom 6:22). **To be continued....**

TAX RECEIPTS FOR 2021 are available for pick up at the back of the church arranged alphabetically.

Those who have not picked up their Sunday envelope box are requested to do so. Thank you!