

Mass Intentions (Feb 21-27) 2026

Sat. Feb 21/4:30 p.m.	Benjamin Skrovaneck	- Mary Skrovaneck
Sun. Feb 22 /10:00 a.m.	Nick Baird Antonio Romano Eileen Shanahan	- Teresa Baird - Maria Giuseppe Garcea - Shanahan & Scott family
Wed. Feb 25/10:00 a.m.	Safe Travels for Pabillo family	- Pabillo family
Thu. Feb 26/10:00 a.m.	Gaetano Parissi	- Velia
Fri. Feb 27/10:00 a.m.	Living & Deceased members of the Baird, Shanahan, Scott, Ryan, Malone, Faherty, McGarry & Kostner families - Teresa Baird	

FIRST SUNDAY OF LENT (Year A)

“Have mercy, O Lord for we have sinned.”

First Reading (Genesis 2:7-9, 16-18, 25; 3:1-7)

The creation and the sin of our first parents.

Second Reading (Romans 5:12-19)

Where sin increased, grace abounded all the more.

Gospel (Matthew 4:1-11) Jesus fasted forty days, and was put to the test.

Reflection:

Grace. Temptation. Result of facing temptation. Grace again.

We are part of that process. That's sort of sums up today's readings. Grace is GOD's gift of Divine life given to humans. Temptation is when humans are given the freedom to choose whether they want to accept GOD's grace or choose another value which seems pleasing to them at the time. The result of facing temptation will vary depending on what one chooses to do with the temptation. The final step is GOD offering more grace. The cycle begins and ends with GOD's gift of grace – a share in the Divine life for humans.

The psalm is the response of all humanity: “Be merciful, O LORD, for we have sinned.” We, as individuals and as a whole, have not always chosen to accept the gift (grace) of GOD's life. We have been led astray by false promises of pleasant things: fulfilling our desires, seeking and building fame, using power for ourselves instead of the GOOD of others, striking out at those who block our desires and wants.

The Gospel is Matthew's account of the temptations which Jesus experienced. After His forty days of fasting and prayer in the desert Jesus is challenged by the devil to take the easy way out. Yet Jesus does not want to use His relationship with **His Abba-Father** to take the easy way out. He knows that suffering is part of His role in fulfilling the Divine plan.

Jesus' allegiance is with His Abba.

It may take more work to win over humanity doing it GOD's way, but that is what brings grace (Divine life) to all of humanity.

May you continue to respond to GOD's grace touching your life!



What Lent
means to me

Lent is a time for penance and repentance, for almsgiving and prayer, for working to change attitudes that are not pleasing to GOD.

The Gospel is GOD's “love letter” to the world, written on a cross, sealed in blood and opened in the resurrection. It is a letter to be read to the entire world:

Exposition and Holy Hour Every Friday - 9:30 to 10:00 am.

Meditations on the Stations of the Cross Every Friday after the 10:00 am mass.

Lenten Reflection

If we wish to change the outer aspects of our lives we must first change the inner attitudes of our minds. The miracle of inner change is possible.

Change requires the substituting of new habits for old ones. It calls for self-discipline.

You have to command yourself and make yourself do what needs to be done.

The change of heart to which Lent calls us can be accomplished most of all through the power of prayer.

Lord, as the Spirit led you into the desert to face temptation, so may that same spirit guide us this Lent as we seek to follow your way more faithfully.

**LENTEN RETREAT
SATURDAY, MARCH 21 - from 10am to 1 pm.**

**All parishioners are invited.
Ministries and Volunteers are requested to attend.**

**Sacrament of Reconciliation every Sunday, 30 minutes
before mass or any other day/time by appointment.
(514) 488-0778.**



**The Sanctuary Lamp will burn this week
For Pabillo family safe travels.**

By – Pabillo Family

**St. Patrick's and St. Josephs Day Brunch
Sunday, March 15, after the 10:00 a.m. mass.**

**Tickets are available for purchase after mass
at the back. 30\$ for adults, 10\$ for children
12 and under.**

Vatican News (05/02/2026)

**Pope reiterates need to respect rights of children,
protect them from danger.**

Pope Leo XIV renews the Church's call to place children at the heart of global concern, warning that despite international commitments, the situation of the world's youngest remains deeply troubling.

Need for an integral approach

Turning to the work of the Committee, Pope Leo expressed appreciation for its commitment to developing concrete responses to the concerns raised at the Summit, and he identified two essential points for their mission.

First, he reminded them that they are “speaking on behalf of those who have no voice,” and he encouraged perseverance in the face of discouragement, failed initiatives, or indifference.

“Let the good you know you are doing carry you forward,” he said. Secondly, the Pope reflected on the need to address the “transversal needs of children,” warning that these can be overlooked when care is limited to a single area.

He acknowledged the diverse charisms and specializations within Church structures and Catholic organizations but urged greater harmony and collaboration so that children receive care that is “well balanced” and attentive to their “physical, psychological, and spiritual welfare.”

Listen to children!

Upholding the support offered by the Dicastery for Promoting Integral Human Development, the Pontifical Academy for Life, the Union of Superiors General and the International Union of Superiors General, he called for the development of “concrete steps and action plans” to meet these shared responsibilities.

Most of all, Pope Leo recalled and emphasised Pope Francis' insistence on listening to children, quoting the message presented to him at last year's Summit: “Together with you, we want to cleanse the world of bad things, colour it with friendship and respect, and help you build a beautiful future for everyone!”

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future for everyone!”**

“We ask the Lord's blessings upon all of you, and we remember in prayer especially children, especially those who suffer and do not have the basic needs with which to live,” the Pope concluded.