

**Mass Intentions (Mar 14-20) 2026**

Sat. Mar 14/4:30 p.m.	Norma Hayes	- Erin Shannon
Sun. Mar 15 /10:00 a.m.	Nick Baird Eileen Shanahan Honest, Estela & Ray Angelo Taguinod Valentina, Francesco & Carlo Cicchino Rosaria Bertucci, Bruno Roti & Vito Andreacchi	- Teresa Baird - Shanahan & Scott family - Richard Gelinias - Nick Cicchino - Elisabeta Nardi
Wed. Mar 18/10:00 a.m.	David Awe	- Teresa Baird
Thu. Mar 19/10:00 a.m.	Giuseppe Romano Antonio & Carolina Muzzo	- Romano family - Anna Muzzo
Fri. Mar 20/10:00 a.m.	Living & Deceased members of the Baird, Shanahan, Scott, Ryan, Malone, Faherty, McGarry & Kostner families	- Teresa Baird

**FOURTH SUNDAY OF LENT (Year A)**

**“You are looking at him; he is speaking to you.”**

**First Reading** (1Samuel 16:1.6-7. 10-13)

David was anointed king over Israel.

**Second Reading** (Ephesians 5:8-14)

Rise from the dead, and Christ will shine on you.

**Gospel** (John 9:1-41)

A blind man is healed and, in the face of opposition, comes to faith by seeing Jesus as his saviour.

**Reflection:**

We see the process of coming to faith dramatized in today’s Gospel. There is physical and spiritual sight. We see this in the readings today and also on Easter night. Jesus heals the blind man, who faces opposition. As he is tested by the Pharisees, he deepens his faith and finally “sees” Jesus as Son of Man.

Lent is the time to examine our faith.

We can easily be drawn to the darkness of unbelief by the pressures of the world which even persecutes the Church in many countries. We may be like the parents who want to keep quiet. Or we may be like the unbelieving Pharisees who turn from the light. Easter offers us the opportunity to go beyond our physical sight and to see the world with the eyes of faith and, like the blind man, recognize Jesus as the light of the world.

**May you experience the newness of life (both physical and spiritual) that comes from GOD and may it lead to an even greater improvement in your life.**



**The Sanctuary Lamp will burn this week Giving thanks to the Lord.**

**By - John L. Villondo**



**What Lent means to me**

**Lent is a time for penance and repentance, for almsgiving and prayer, for working to change attitudes that are not pleasing to GOD.**

**The Gospel is GOD’s “love letter” to the world, written on a cross, sealed in blood and opened in the resurrection. It is a letter to be read to the entire world:**

**Exposition and Holy Hour Every Friday - 9:30 to 10:00 am.**

**Meditations on the Stations of the Cross Every Friday after the 10: 00 am mass.**

**Lenten Reflection**

If we wish to change the outer aspects of our lives we must first change the inner attitudes of our minds.

The miracle of inner change is possible.

Change requires the substituting of new habits for old ones.

It calls for self-discipline.

You have to command yourself and make yourself do what needs to be done.

The change of heart to which Lent calls us can be accomplished most of all through the power of prayer.

**Our Father**

**Give us this day our daily bread and forgive us for the times when we take more than our share of the bread that belongs to all. Let us help You fill the starving with good things, not with scraps from our table.**

**Teach us how to share what is not ours to keep. Clothe us with Your love that we may complete each good work you created us to do.**

**Place in our hearts Your compassion for each starving child and use our little acts of love so that they starve no more.**

**Amen.**

**Lord, as the Spirit led you into the desert to face temptation, so may that same spirit guide us this Lent as we seek to follow your way more faithfully.**

**LENTEN RETREAT SATURDAY, MARCH 21, from 10am to 1 pm. with Fr. Anthony Atansi.**

**All parishioners are invited. Ministries and Volunteers are requested to attend.**



**Development and Peace**

Through their prayer, fasting and almsgiving during Lent, Christians express their desire to turn toward God and to all God’s children in preparation for Easter.

In the season of Lent, The Bishops of Canada have reserved the Season of Lent for a collection to assist the Global South. Normally this collection is held on the Fifth Sunday of Lent.

Founded and mandated in 1967 by the Bishops of Canada now a member of the Caritas International network of Catholic agencies, the Canadian Catholic Organization for Development and Peace financially supports development and aid projects in Africa, Asia, the Middle East, Latin America and the Caribbean, as well as informs Canadian Catholics on international social justice questions.

“So many people even today hope to have enough to eat. The planet has food for all, but the will to share with everyone seems to be lacking. To prepare the table for all, and to ask that there be one table for all. Doing whatever we can so that everyone has food, but also reminding that world’s powerful that God will call them to be judged one day, and it will be demonstrated whether they truly tried to provide food for Him in each person and whether they acted in order that the environment would not be destroyed but would be able to produce food.”

**Next Sunday a Second collection will be taken after Communion for Development & Peace. Please use the envelope provided in your box.**

Thank You for your ongoing support for this humble cause.

**St. Patrick’s and St. Joseph’s Day Brunch is on Sunday, after the 10:00 a.m. mass.**

**Menu**

Sausages, mash potatoes, cabbage, and Irish flag salad will be served buffet-style. With Cake, Coffee and Tea . Irish Coffee (5\$) & Beer (2 for 10\$) will be available to purchase.