

**Mass Intentions (June 6-12 2026)**

Sat. Jun 6/4:30 p.m. Nick Baird - Teresa Baird

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Sun. Jun 7/10:00 a.m. Nick Baird - Teresa Baird  
 John McGee - Family  
 Aloysius Braganza - Ian & Leila Henriques  
 Eileen Shanahan - Shanahan & Scott families  
 Honesto, Estela & Ray Angelo Taguinod & Richard Gélinas - Guia Gélinas

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Wed. Jun 10/10:00 a.m. Cristina & Vincenzo Danesi - Mario Danesi

**Memorial - St. Barnabas**

Thu. Jun 11/10:00 a.m. Antonio & Rosella Pavoni - Mario Danesi

**Solemnity – The Most Sacred Heart of Jesus**

**World Day of Prayer for the Sanctification of Priest**

Fri. Jun 12/10:00 a.m. Living & Deceased members of the Baird, Shanahan, Scott, Ryan, Malone, Faherty, McGarry & Kostner Families - Teresa Baird

**The Solemnity of  
The Most Holy Body and Blood of Christ (Year A)**

**“My flesh is real food and my blood is real drink.”**

**First Reading** (Deuteronomy 8:2-3. 14-16)

Remember the Lord led you out of slavery  
and fed you with manna in the desert.

**Second Reading** (1 Corinthians 10:16-17)

Because there is one bread, we who are many are one body.

**Gospel** (John 6:51-59)

If we eat Jesus’ flesh and blood we will receive eternal life.

**Reflection:**

Today we focus on the Lord Jesus’ continued presence with us, particularly through the proclamation of the Word and the celebration of Eucharist – “giving thanks” – especially as we receive the Bread of Life and the Cup of Salvation.

At this great feast of Corpus Christi we can reflect on the past, present and future riches of the sacrament and let our lives be filled with Christ’s grace. We need to keep in the front of our minds the historical reality of the cross to remember how much Jesus suffered in his flesh of us. He left the Eucharist as a way of reminding us of the sacrifice He made. But in the Eucharist the sacrifice is made present for us today and becomes a call for us to share our life as Jesus did. He fed those who were hungry, He satisfied their spiritual needs with His words and then gave Himself to them, body and blood.

Now He nourishes us with this bread from heaven.

**May you continue to come to the Lord Jesus and feast on The Word and on His Body and Blood so that you might be nourished and strengthened for the rest of your journey back to the House of Our Abba-Father, Who happens to be GOD.**



**Illustration:**

The Solemnity of Corpus Christi complements the liturgy of Holy Thursday when Jesus instituted the Eucharist at the Last Supper. It arose in the Middle Ages as an expression of the faithful’s devotion to the Blessed Sacrament. It was celebrated first as a local feast and then Pope Urban IV made it a universal feast in 1264. It became associated with processions through the towns and villages of Europe during which the monstrance which contained the sacred host was carried under a festive canopy and the crowds knelt as the Blessed Sacrament passed to receive the blessing. The task of composing the liturgy for the feast was given to the great Dominican theologian Thomas Aquinas. He created the well-known antiphon to accompany the singing of the Magnificat. This antiphon, which begins with the Latin words O sacrum convivium, brings out some of the riches of this wonderful sacrament of the Eucharist especially as it relates to the past, the present and the future: O sacred banquet / in which Christ is received, / the memory of his passion is renewed, / the mind is filled with grace / and the pledge of the future glory is bestowed.”



The Sanctuary Lamp will burn this week  
Giving Thanks to the Lord.

**Every Friday 9 to 10 am  
Exposition of the Blessed Sacrament  
&  
Chaplet of The Divine Mercy followed by mass at 10 am.**



**St. Richards Parish is looking for a volunteer  
WEB DESIGNER to maintain and keep our parish website  
updated. We are hopeful a few of our TECH-SAVVY  
parishioners will be able to help out.  
Our website is [www.strichards.ca](http://www.strichards.ca)**

**Please contact the parish office 514- 488 0778  
or feel free to meet the parish secretary Hannah on  
Sundays after mass.**

**Thank you in advance for always supporting your parish.**

**St. Monicas Parish will be hosting The Annual Sacred Heart Swing  
in their parish hall on Friday, June 12. Doors open at 7pm. Posters  
are on the bulletin board.**

**Founded in 2026, The Annual Sacred Heart Swing is more than a  
social event — it's a movement inspired by the love of the Sacred  
Heart.**

**In a time when many feel isolated, particularly in their faith — we  
aim to rekindle social confidence, and set hearts on fire for Christ  
to bring out to the world!**

**Our vision is to grow into a defining annual event in Montreal –  
renewing Catholic life through authentic relationships, revitalizing  
local parishes, and raising up the next generation of leaders in the  
faith.**

**Sick and Shut-Ins**

**If you have a family member or know of a friend who is shut-in  
and wish to receive Holy Communion or a visit from our pastoral  
home care team please call the parish office.**

**We are here to serve you.**

**New office hrs; Wednesday & Thursday - 9 am to 12 pm.  
Friday - 9 am to 1 pm.**

**It's COFFEE SUNDAY!**